

Queensland Centre for Perinatal and Infant Mental Health

Statewide Strategy and Service Development

e-PIMH

Non-clinical support in perinatal and infant mental health

The Queensland Centre for Perinatal and Infant Mental Health (QCPIMH) supports:

- service planning and implementation across sectors
- mental health promotion, prevention and early intervention
- workforce development
- research and evaluation
- advocacy



for:

- perinatal mental health – mental health and emotional wellbeing of parents from conception to 2 years from the end of pregnancy
- infant mental health – mental health and emotional wellbeing of infants from birth to 4 years, including healthy attachment relationships with parents/primary caregivers

Outside the greater Brisbane metropolitan area, e-PIMH:

- **provides non-clinical advice and support** to health professionals in the area of perinatal and infant mental health
- **works in collaboration** with rural and remote Hospital and Health Services and **key local stakeholders**
- **raises awareness** of perinatal and infant mental health
- **facilitates linking of local referral pathways**
- **increases capacity of local workforce** through tailored training and education to respond to perinatal and infant mental health needs

e-PIMH does not work directly with clients. Rather, e-PIMH helps a range of professionals in regional communities to support the mental health and emotional wellbeing of parents, infants, young children and families.

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