What is gestational diabetes?
» It is when mum has too much sugar in her blood when she is pregnant.

Will all pregnant women get gestational diabetes?
» Not all women will get gestational diabetes
» Some women are more likely to have gestational diabetes if:
  • She has had gestational diabetes in the past
  • Her family member has had gestational diabetes
  • She’s of Maori, Pacific Islander, Aboriginal, Torres Strait Island, Asian, South Sea Island, Indian, Middle Eastern and African descent.
What can happen to baby?

» Grow too big
» Trouble coming out and might get stuck
» May not grow as well as they can
» May grow up to have Type II diabetes.

What can happen to mum?

» Labour is more difficult
» She may need a caesarean
» She may have high blood pressure or have some kidney problems
» In a few years, she may get Type II diabetes
» Mum and baby may have to stay longer in the hospital.

Space for your notes

For more information contact: CALL 13 HEALTH (13 43 25 84)

These services are confidential with experienced professionals. They can be contacted 24 hours a day 7 days a week.

All information contained in this sheet has been supplied by qualified professionals as a guideline for care only. Seek medical advice, as appropriate, for concerns regarding you or your child’s health.

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