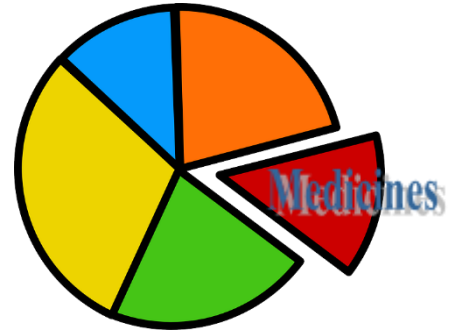


Fluoxetine (flu-ox-e-teen)

Sometimes Fluoxetine has different names like Lovan[®], Prozac[®], Zactin[®] and others

What is Fluoxetine used for?

- Sadness
- Depression
- Anxiety
- OCD (Obsessive compulsive disorder)
- This medicine may be used for other conditions



What does Fluoxetine do?

Helps you

- Feel happier
- Feel less nervous, shy or panicky
- Feel more relaxed so you don't feel you must do things exactly the right way and check all the time



How do I take Fluoxetine?

Usually it is taken once a day in the morning.

It comes as a tablet that you can crush up and put in water.

It also comes as a capsule.

Talk to your doctor about which is easier for you.



How long will it take Fluoxetine to work?

You should start to feel better in one or two weeks, but it might take longer. The full effect happens after 2 months.

What if I forget to take my fluoxetine?

Tell someone right away.

It's okay to take it up to 12 hours after your usual dose time.

If it has been more than 12 hours, wait until your next dose.



How long do I need to keep taking Fluoxetine?

It's different for each person – talk to your doctor.

Stopping Fluoxetine

It's very important to stop Fluoxetine slowly. Talk to your doctor about when and how to stop.



Useful tips

Talk with your family, doctor, case manager or pharmacist about how Fluoxetine is working for you

Keep the medicine **safe**

- Store safely (lock it away)
- Keep it away from small children

Get into a routine and take your medication at the same time each day

DO NOT SHARE your medicine with anyone

Bring your medication booklet with you to the appointment

Remember to write down any questions you have

Minor problems – these happen a lot but are not very serious

Tell your doctor if these problems don't go away after a few days

| | |
|---|----------------------------|
| Not feeling hungry | Going to the toilet lots |
| Feeling restless, can't keep still or be calm | Headaches |
| Feeling sick or tummy pain | Worrying more |
| Difficulty sleeping | Changes in sexual function |

Major problems – these don't happen a lot but are very serious

TELL YOUR DOCTOR STRAIGHT AWAY

| | |
|-----------|---|
| Skin rash | Feelings and/or thoughts of hurting yourself or suicide |
|-----------|---|

Medicine Hotline

1300 633 424
for more
information

Remember: you and your parents/carers make change happen

Taking medicines is only part of the change.

The small print: This leaflet is to help you understand about this medicine and use it safely. Please read the manufacturer's Consumer Medicine Information (CMI) leaflet. There is more information on the internet but be careful as internet-based information is not always correct. **Discuss any concerns with your doctor**

Contact your CYMHS team on _____
After Hours contact the Acute Response Team (ART) 3068 2555