

Haematology Service

Idiopathic Thrombocytopenia Purpura (ITP)

school medical action plan

Student details

Student name	Date of birth	Year level
Medical diagnosis	Teacher	
Idiopathic Thrombocytopenia Purpura (ITP)		
Parent name	Treating hospital	Action plan date

Emergency contact

Parents / guardians should always be contacted in the first instance regarding any health concerns.

1. Parent / guardian
2. Ambulance **000**
3. QCH switchboard **3068 1111 (Haematologist on call)**

About Idiopathic Thrombocytopenia Purpura (ITP)

ITP is a condition that causes the number of platelets in your body to be reduced. Platelets are essential cells that help blood to form a clot at the site of injury. If you do not have enough platelets in your blood, you are more likely to bruise easily or may be unable to stop bleeding if you injure yourself.

Activity and ITP

Our advice surrounding sports and activities is to avoid contact sports such as rugby, karate etc. due to the higher risk of injury. Children with ITP can participate in other sports and physical activities including swimming at school to maintain healthy joints, muscles and overall wellbeing.

If you require any further information, please contact the Haematology Team on **0457 719 233**.

