

Full list of available ieMR frequencies

Quick reference guide

Frequency (Full list)	Scheduled Times
1 hrly	1 hrly
1 hrly (when awake)	0600 - 2300
12 hrly	+ 12 hrs
12x Day	0000, 0200, 0400, 0600, 0800, 1000, 1200, 1400, 1600, 1800, 2000, 2200
18 hrly	+ 18 hrs
2 hrly	+ 2 hrs
2 hrly even hours (when awake)	0600 - 2200
2 hrly odd hours (when awake)	0700 - 2300
24 hrly	+ 24 hrs
3 hrly	+ 3 hrs
3 hrly (when awake)	0600 - 2100
36 hrly	+ 36 hrs
4 hrly	+ 4hrs
4 hrly (when awake)	0600 - 2200
48 hrly	now + 48 hrs
5 hrly	now + 5 hrs
6 hrly	now + 6 hrs
60 hrly	now + 60 hrs
72 hrly	now + 72 hrs
8 hrly	now + 8 hrs
96 hrly	now + 96 hrs
alternate days as indicated	now + 48 hrs no scheduled time
bedtime	2200
bedtime early	2000
daily	0800
daily (on empty stomach)	0600
daily (with or without food)	0800
eight times a day	0000, 0300, 0700, 1000, 1300,

	1800, 2100
evening	1800
evening (with or without food)	1800
evening (on empty stomach)	1730
every 10 days	0800 + 10 days
every 10 mins	now + 10 mins
every 15 mins	now + 15 mins
every 16 hrs	now + 16 hrs
every 2 minutes	now + 2 mins
every 2 months	0800 + 2 mths
every 2 weeks	0800 + 2 weeks
every 20 mins	now + 20 mins
every 3 days	0800 + 3 days
every 3 minutes	now + 3 mins
every 3 months	0800 + 3 months
every 3 weeks	0800 + 3 weeks
every 30 minutes	now + 30 minutes
every 4 days	0800 + 4 days
every 4 months	0800 + 4 months
every 4 weeks	0800 + 4 weeks
every 5 days	0800 + 5 days
every 5 minutes	now + 5 mins
every 6 days	0800 + 6 days
every 6 months	0800 + 6 months
every 8 weeks	0800 + 8 weeks
every other day	0800 + 48 hrs
five times a day	0600, 1000, 1400, 1800, 2200
five times a week (Mon- Fri)	0800 Monday - Friday
four times a day	0600, 1200, 1800, 2200
four times a day (even interval)	0000, 0600, 1200, 1800
four times a day (on an empty stomach)	0600, 1130, 1730, 2200
four times a day (with or after food)	0600, 1200, 1800, 2200
four times a week (Mon, Wed, Fri, and Sun)	0800 on Mon, Wed, Fri, and Sun
four times a week (Tue, Thu, Sat and Sun)	0800 on Tues, Thu, Sat and Sun



midday	1200
midday (on an empty stomach)	1130
midday (with or without food)	1200
monthly	0800 + 30 days
morning	0800
morning (on empty stomach)	0600
morning (with or after food)	0800
night	2000
nine times a day	0600, 0800, 1000, 1200, 1400, 1600, 1800, 2000, 2200
once a week on (a) Mon	0800 on Monday
once a week on (b) Tue	0800 on Tuesday
once a week on (c) Wed	0800 on Wednesday
once a week on (d) Thur	0800 on Thursday
once a week on (e) Fri	0800 on Friday
once a week on (f) Sat	0800 on Saturday
once a week on (g) Sun	0800 on Sunday
once a week on ... same day each week	0800 on the same day each week
once only (non urgent)	no scheduled time
post dialysis	no scheduled time
post op	no scheduled time
pre op	no scheduled time
seven times a day	0200, 0500, 0800, 1100, 1400, 1700, 2000
six times a day	0000, 0400, 0800, 1200, 1600, 2000
six times a week (except on (a) Monday)	0800 daily except Monday
six times a week (except on (b) Tuesday)	0800 daily except Tuesday
six times a week (except on (c) Wednesday)	0800 daily except Wednesday

Wednesday)	
six times a week (except on (d) Thursday)	0800 daily except Thursday
six times a week (except on (e) Friday)	0800 daily except Friday
six times a week (except on (f) Saturday)	0800 daily except Saturday
six times a week (except on (g) Sunday)	0800 daily except Sunday
sixteen times a day	0000, 0130, 0300, 0430, 0600, 0730, 0900, 1030, 1200, 1330, 1500, 1630, 1800, 1930, 2100, 2230
ten times a day	0400, 0600, 0800, 1000, 1200, 1400, 1600, 1800, 2000, 2200
three times a day	0800, 1400, 2000
three times a day (even interval)	0600, 1400, 2200
three times a day (on an empty stomach)	0600, 1130, 1730
three times a day (with or after food)	0800, 1200, 1800
three times a week (Mon, Wed, and Fri)	0800 on Mon, Wed, and Friday
three times a week (Tue, Thu, and Sat)	0800 on Tue, Thu, and Sat
twice a day	0800, 2000
twice a day (lunchtime and night)	1200, 2000
twice a day (morning and midday)	0800, 1200
twice a day (on an empty stomach)	0600, 1730
twice a day (on Mon and Thu)	0800, 2000 on Mon and Thu
twice a day (on Mon, Tue, and Wed)	0800, 2000 on Mon, Tue and Wed



Wed)	
twice a day (on Mon, Wed, Fri and Sun)	0800, 2000 on Mon, Wed, Fri and Sun
twice a day (on Tue and Thu)	0800, 2000 on Tue and Thu
twice a day (on Tue, Thu and Sat)	0800, 2000 on Tue, Thu, and Sat
twice a day (on Tue, Thu, Sat and Sun)	0800, 2000 on Tue, Thu, Sat and Sun
twice a day (with or after food)	0800, 1800
twice a week (a) Mon and Wed	0800 on Mon and Wed
twice a week (b) Mon and Thu	0800 on Mon and Thu
twice a week © Mon and Fri	0800 on Mon and Fri
twice a week (d) Mon and Sat	0800 on Mon and Sat
twice a week € Tue and Thu	0800 on Tue and Thu
twice a week (g) Tue and Fri	0800 on Tue and Fri
twice a week (h) Tue and Sat	0800 on Tue and Sat
twice a week (i) Wed and Fri	0800 on Wed and Fri
twice a week (j) Wed and Sat	0800 on Wed and Sat
twice a week (k) Wed and Sun	0800 on Wed and Sun
twice a week (l) Thu and Sat	0800 on Thu and Sat
twice a week (m) Thu and Sun	0800 on Thu and Sun
twice a week (n) Fri and Sun	0800 on Fri and Sun
twice a week (o) Sat and Sun	0800 on Sat and Sun
weekdays only	0800 on weekdays
weekends only	0800 on weekends
yearly	0800 + 1 year

