

# Playgroup Resource Package

## Ears & Hearing Health

*This package is a joint collaboration of the Inala 'Lil Jarjums Playgroup; Families as First Teachers; Playgroup Queensland; and the Deadly Ears Program. It has been developed through consultation with families, playgroup facilitators and playgroup co-ordinators.*



We would like to acknowledge the staff from these organisations, and the families that they work with, for their contributions to this resource.

# 1. How to use this resource package



The aim of this resource is to help facilitators build ear and hearing health messages into playgroup. We know that every playgroup site is different, so this resource is designed to be used flexibly to suit individual playgroup needs.

- There are **4 Key Elements**. Each Element has a handful of ideas to choose from. We think each element is important, and can be done any way that suits your community playgroup.
- Within each element, there are a range of ideas. Not every activity or idea will suit every playgroup. Please choose one or two ideas from each element.
- Your state-wide playgroup co-ordinator or playgroup mentor can support you to plan how you can build your ideas into the playgroup schedule.

## Key Elements:

### Element 1 – Facilitator Training

These resources provide an opportunity to refresh your knowledge about middle ear disease symptoms, prevention strategies and impacts on development.

### Element 2 – Activities for families

In this section you'll find activities for making learning about ears fun and relevant for families. There're lots of basic craft activities to get conversations going or yarning circle ideas if you want to talk together as a group.

### Element 3 – Yarning with families:

You'll find a handful of tips and resources here to help you yarn with families about middle ear disease and impacts. Please contact your state-wide co-ordinator or playgroup mentor for more support talking to families about ears and hearing.

### Element 4 – Building links:

Building links with health services is a good way to keep kids ears healthy. This section shares a range of ideas to help keep families linked in with local child health nurses, GPs and other health services.

