



5. Building Links with Health Services



- ◆ **Know your local health services**

Talking with a Child Health Nurse or General Practitioner is the first step for parents who have concerns about their child's ear health. It's good to know about your community's Aboriginal Medical Service and Health Centres. Children may also be referred to see an Audiologist, Ear Nose Throat Doctor, or Speech Pathologist for support with ear health hearing or development.
- ◆ **Know where to get information about ear health**

The [Care for Kids Ears website](#) has a number of helpful resources you can share with families.
- ◆ **Invite health visitors to playgroup**

Child Health Nurses and some GPs or Speech Pathologists may be able to visit playgroup to share health messages.
- ◆ **Consider organising joint activities with local health centres**

Some centres have arranged to host playgroup at the health centre for important events or days, for example Children's Day (4th August).
- ◆ **Display brochures or posters with contact information for local services**

If the local health centre have brochures or posters available, you may be able to display these at playgroup, so you will always be able to follow up parent's questions and concerns about health.

