Week Two

Middle Ear Disease—Symptoms
Symptoms of Middle Ear Disease

- Signs of a cold
- Runny fluid or pus
- Fever
- Not Eating
- Pain in ear
- Vomiting or diarrhoea
- Sometimes there are no symptoms
- Can’t hear properly
- Kids pulling on ears
Talking Points

- Start the session with symptoms covered up by ‘?’ cards.
- Quick review: remind families that middle ear disease is when the middle of the ear gets inflamed or infected.
- Ask parents to share ideas they have about signs they could look out for of possible middle ear disease.
- As parents share ideas related to each symptom, remove the square covering that symptom and pass the card around.
- Explain that kids need healthy ears to hear well.
Signs of a cold

Runny fluid or pus

Fever

Not eating

Sometimes there are no symptoms

Pain in the ear

Vomiting or diarrhoea

Can’t hear properly

Kids pulling on ears
**Activity 2a: Making String Phones**

**What you will need**
1. Two plastic cups per child
2. Lengths of Cotton string, (up to 10 ft)
3. A skewer, pencil or stanley knife
4. Felt, paint, glitter, other decorations

**Getting set up**
1. Poke a small hole through the centre of the base of each cup, just big enough to fit the string through
2. Cut lengths of string for parents to attach between the cups
3. Set out a range of decorations and glue

**Make a string phone!**
1. Parents and children decorate cups together
2. Parents then tie the cups together with string, threading through the holes and tying knots inside the cups to hold the string in place
3. Parents & kids take turns talking and listening through the string phone

![Materials](image1.jpg)
![Setting up](image2.jpg)
![Making the phone](image3.jpg)
Activity 2b: Making Ear Headbands

**What you will need**

- Head bands: these could be made of paper strips, to be stapled together to fit each child’s head
- A variety of animal ears: These could be made of paper, felt or cardboard
- Colouring in pencils
- A glue gun or stapler

**How to use this resource**

- Stick the animal ears to the headband
- Talk to children about which animal they are pretending to be and what sound that animal makes

**Talking Points**

- This activity is developed as an opportunity to talk about ears and hearing
- Healthy ears mean strong listening for learning and language