Occupational Therapy

An occupational therapist is a health professional who assists people to be able to do what they want, need or are expected to do in their life.

**Occupational therapists work with people of all ages, including bubs and young children.**

When working with children, an occupational therapist works to support their play and learning through assessment, intervention and consultation with key people in the child’s life.

**When might my child see an occupational therapist?**

If they are having difficulty with tasks such as:
- Playing
- Making friends
- Drawing, writing or using the computer
- Eating, dressing or toileting
- Participating in community activities
- Participating in the classroom and school activities

**How can an occupational therapist help?**

An occupational therapist can support and help improve:
- The skills, strengths and challenges for the child (person)
- The environment of the child (e.g. home, school, childcare)
- The occupations or activities the child does in their day (e.g. eating, playing, learning)

**Where do occupational therapists work?**

- Hospitals and community health centre
- Schools
- Childcare / playgroups
- Government and non-government health organisations
- Private practice clinics

**Where can I find an occupational therapist?**

For more information about occupational therapy services available in your local area please contact:
- Your local doctor
- Community health centre
- Paediatrician
- Yellow pages directory

Contact us:

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