

Child Health Service

Pre-Referral Guidelines

The Child Health Service provides a range of free community health and support services for children and their parents/carers to give every child the best possible start in life.

Referral Pathways

There are **TWO** pathways to access the Child Health Service:

1. Parents/Carers self-refer to the following services (no referral required):

- Parenting and Support Early Feeding Drop-In Clinics (brief intervention for babies 0-12 weeks post discharge from maternity hospital)
- Initial home visit by a Child Health Nurse for all families with an infant up to 4 months of age
- Key Age Assessments as per Personal Health Record recommendations
- Additional child health consultations as needed
- Ongoing infant/child feeding support
- Parent Groups – New Parent Groups (0-3 months), Child Health and Parenting Seminars (4-6 months and 10-12 months), Group Triple P (Parents/Carers of children 2-8 years).

If a family has any barriers to accessing the services above, a referral can be completed to support them in the booking process. A bookings officer will then contact the parent/carer and arrange an appointment.

2. Health Professional referral required for the following services:

- Health assessments requiring multidisciplinary support and monitoring e.g. secondary developmental screening
- Early Intervention Clinician – a psychologist or social worker to provide parenting support
- Infant Feeding and Parenting Support Program – extended consultation of up to six hours
- Postnatal Wellbeing Group – for mother's experiencing difficulties adjusting to parenting or have mild-to-moderate postnatal depression and/or anxiety
- Circle of Security Parenting Group – helping parents and caregivers to strengthen the parenting connection.

Referred clients may require an initial appointment with a Child Health Nurse for assessment.

Please advise Parents/Carers they will be contacted by the Bookings Team from a private number.

For more information on the above services

www.childrens.health.qld.gov.au/chq/our-services/community-health-services/child-health-service
www.childrens.health.qld.gov.au/service-child-health/

Referral form

<https://www.childrens.health.qld.gov.au/wp-content/uploads/PDF/forms/chs-referral.pdf>

- To be in the **child's name**
- Include Parent/Carer name, address, contact number, and alternate contact number if available
- Indicate the Parent/Carer has consented to the referral
- Is an interpreter required? Include preferred language
- Any risk for a clinician home visiting the client i.e. violence, current drug use identified

Other referral options

- If main concern is developmental and/or learning difficulties refer to Child Development Program
<https://www.childrens.health.qld.gov.au/chq/our-services/community-health-services/child-development-program/>
- If main concern is severe primary emotional disorder refer to Child and Youth Mental Health Service
www.childrens.health.qld.gov.au/chq/our-services/mental-health-services

Our locations

Our child health services are available in community health centres and facilities throughout greater Brisbane area. We cover a geographical area from Kilcoy and Bribie Island in the north, south to Beaudesert and east to include the Moreton Bay Islands.

Contact us

t 1300 366 039

f 3068 3719

e CHQ-CH-Referral@health.qld.gov.au

w www.childrens.health.qld.gov.au/chq/our-services/community-health-services/child-health-service