Parenting support and early feeding drop-in clinics

To support parents of newborns during the first 12 weeks after discharge from hospital. The Child and Youth Community Health Service offers a free service providing advice on feeding, parenting concerns and support for parents. No appointment is necessary.

A child health nurse will talk with you about any issues or concerns you are having. For example, you may wish to talk to the nurse about:

- feeding your baby and how they are sleeping
- getting some support and advice about breastfeeding.

The nurse can also arrange for you to attend regular appointments with the child health service.

Clinic days and hours

Parenting support and early feeding drop-in clinics are located across the Greater Brisbane area. The tables below list clinic days.

Overleaf you will find a list of addresses for these clinics.

All clinics are open between 9am and 12pm (midday) on the days specified in the tables below (closed on public holidays).

As this is a drop-in clinic you may experience a wait during busy times.


<table>
<thead>
<tr>
<th>Northern suburbs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong></td>
</tr>
<tr>
<td>Alderley</td>
</tr>
<tr>
<td>Caboolture (King St)</td>
</tr>
<tr>
<td>Deception Bay</td>
</tr>
<tr>
<td>Kallangur</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Southern suburbs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong></td>
</tr>
<tr>
<td>Beaudesert</td>
</tr>
<tr>
<td>Mt Ommaney</td>
</tr>
<tr>
<td>Springwood</td>
</tr>
<tr>
<td>Wynnum</td>
</tr>
</tbody>
</table>
### North Brisbane clinic locations

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Alderley</strong></td>
<td>Shop 4, 24 South Pine Road</td>
</tr>
<tr>
<td><strong>Caboolture (King St)</strong></td>
<td>Caboolture Square Shopping Centre Level 5, 60-78 King Street</td>
</tr>
<tr>
<td><strong>Deception Bay</strong></td>
<td>675 Deception Bay Road</td>
</tr>
<tr>
<td><strong>Indooroopilly</strong></td>
<td>Corner Lambert and Clarence Roads</td>
</tr>
<tr>
<td><strong>Kallangur</strong></td>
<td>126 School Road</td>
</tr>
<tr>
<td><strong>Nundah</strong></td>
<td>10 Nellie Street</td>
</tr>
<tr>
<td><strong>Redcliffe</strong></td>
<td>181 Anzac Avenue</td>
</tr>
<tr>
<td><strong>Strathpine</strong></td>
<td>568 Gympie Road</td>
</tr>
</tbody>
</table>

### South Brisbane clinic locations

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Acacia Ridge</strong></td>
<td>Acacia Ridge Early Years Centre 67 Nyngam Street</td>
</tr>
<tr>
<td><strong>Beaudesert</strong></td>
<td>Beaudesert Early Years Centre 4 Michaelina Drive</td>
</tr>
<tr>
<td><strong>Beenleigh</strong></td>
<td>84 York Street</td>
</tr>
<tr>
<td><strong>Cleveland</strong></td>
<td>Redland Health Service Centre 3 Weippin Street</td>
</tr>
<tr>
<td><strong>Coorparoo</strong></td>
<td>236 Old Cleveland Road</td>
</tr>
<tr>
<td><strong>Hillcrest</strong></td>
<td>Browns Plains Community Health Centre Corner Wineglass Drive and Middle Road</td>
</tr>
<tr>
<td><strong>Inala</strong></td>
<td>64 Wirraway Parade</td>
</tr>
<tr>
<td><strong>Jimboomba</strong></td>
<td>Caddies Community Centre 19-33 South Street</td>
</tr>
<tr>
<td><strong>Logan Central</strong></td>
<td>97-103 Wembley Road</td>
</tr>
<tr>
<td><strong>Mt Ommaney</strong></td>
<td>171 Dandenong Road</td>
</tr>
<tr>
<td><strong>Springwood</strong></td>
<td>16 Cinderella Drive</td>
</tr>
<tr>
<td><strong>Wynnum</strong></td>
<td>130 Florence Street</td>
</tr>
</tbody>
</table>

**Contact us**

- **Child Health Service** 1300 366 039
- **Breastfeeding helpline** 1800 686 268
- **13 HEALTH** (13 432584) 24 hours, 7 days and ask to speak to a Child Health Nurse for child health related telephone advice

*Updated: April 2020*