

Be ready for your COVID-19 vaccine

Before the vaccine:

- Tell the health team if you have had a reaction from a vaccine before.
- You can ask the health team questions at any time.

There are very low risks

- We feel safe in Queensland, but COVID-19 outbreaks can still happen. People can still get very sick and even die from COVID-19.
- As more of us get a COVID-19 vaccine, it becomes harder for the virus to spread.
- Tests show that the vaccines are good and safe. After your vaccination, you may get a headache or feel tired and sick but these will go away after a few days.
- A handful of people who receive the vaccine may develop a rare type of blood clot. It is serious but may only happen to 4 – 6 people out of every million who are vaccinated. This is a very small risk. You are far more likely to develop a blood clot in your day-to-day life like having a stroke or from smoking.
- Talk to your Aboriginal and/or Torres Strait Islander health worker or GP. They understand the risks and can help you make the right choice.

At your vaccine appointment, you will:

1. need to sign a consent form
2. be asked questions about your health to make sure you feel OK
3. get the vaccine, usually in the upper arm
4. be asked to wait 15 to 30 minutes after the vaccine to make sure you feel OK
5. get information about when you can get your second vaccine (between 3 to 12 weeks).

After the vaccine

You might experience these common side effects for a couple of days:

- feeling mildly sick, like you would after a flu shot
- sore arm
- headache.

Stay informed about your health

- Call 13 HEALTH (13 43 25 84) and speak with an Aboriginal and/or Torres Strait Islander registered nurse.
- Speak to your Aboriginal and/or Torres Strait Islander health worker or GP.
- Visit www.qld.gov.au/covid19vaccine

