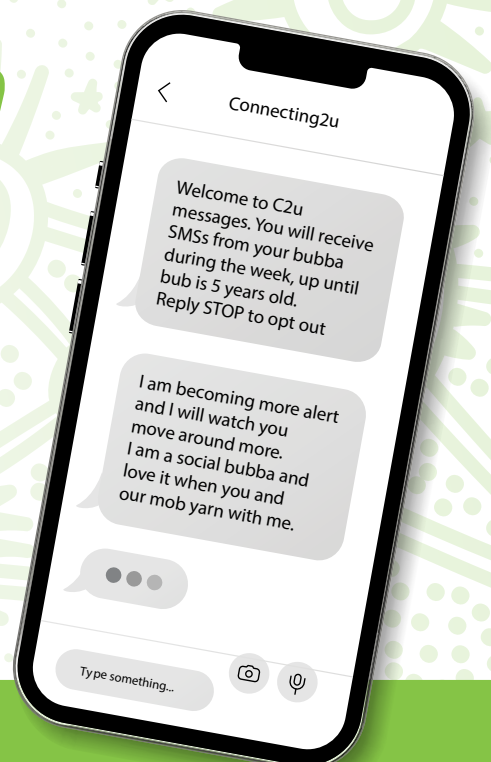


Connecting2u

Do you have a bub aged 0-5 years?

Connecting2u is a free text message service for Queensland mums, dads, and carers that includes helpful tips, advice, self-care, health reminders, and information about your child's growth to help keep them healthy and strong.

Sign up today by scanning the QR code or visiting childrens.health.qld.gov.au/c2u!



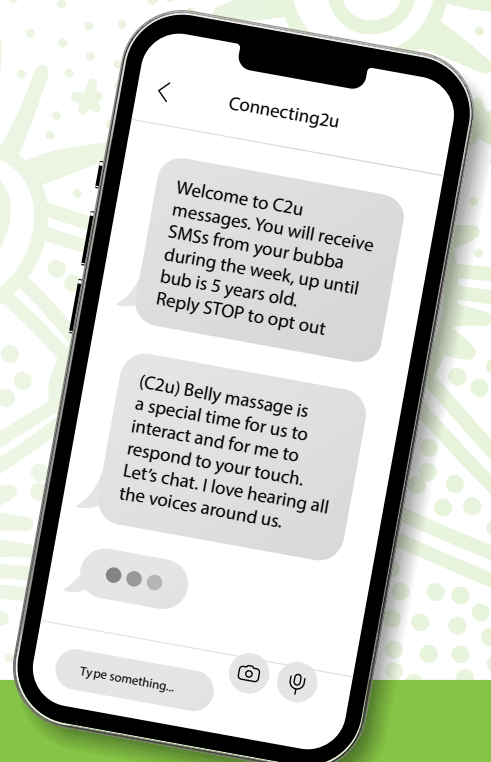
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Connecting2u

Starting your pregnancy journey?

Connecting2u is a free text message service for expecting parents across Queensland that includes tips, advice and reminders about care options, nutrition, health checks, self-care, bonding with bub and more, during pregnancy.

Sign up today by scanning the QR code or visiting childrens.health.qld.gov.au/c2u!



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